

It is important for parents to know about the new trend of **synthetic marijuana** that is legal in Illinois. It is an herb-and-chemical based blend that produces marijuana high when smoked. Signs and symptoms of using this substance are similar to marijuana.

Some signs of adolescent substance use: change in appearance, mood swings, decreased motivation, lethargic, inability to focus, avoiding eye contact, more secretive, headaches, weight loss or gain, use of air fresheners, scented candles or Visine, Clear Eyes or breath mints.

Central School District 301 presents.....

Teens & Substance Use

Educational Support & Awareness for Parents



WHEN: Thursday Feb 9th, 2012 at 7:00 pm

Where: Central High School Auditorium

F.A.I.R.'S presentation will help parents:

- *Gain education and awareness to current substance abuse trends.*
- *Identify signs of substance use in adolescents.*
- *Provide an understanding of the effects of substance use.*
- *Suggest appropriate interventions or parenting strategies.*
- *Provide a discussion forum for questions to be answered.*

Even if you do not feel like your teen is having issues with substances it is always a plus to be proactive.



In 2010, 13.8% of 8th graders, 28.9% of 10th graders, and 41.2% of 12th graders had consumed at least one drink in the thirty days prior to being surveyed. 5% of 8th graders, 14.7% of 10th graders, and 26.8% of 12th graders had been drunk.

Source: Monitoring the Future,
University of Michigan.

In 2010, 21.4% of high school seniors used marijuana in the past thirty days, while 19.2% smoked cigarettes. After marijuana use, prescription and over-the-counter medications account for most of the top drugs abused by 12th graders in the past year. Source: www.oas.samhsa.gov